



Beyond Parkinson's LLC

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Medicare Outpatient Part B Participating Provider

WHY BEYOND PARKINSON'S?

We are passionate about helping patients with Parkinson's disease and want to make an impact on their lives, one patient at a time. To make sure that we provide the best possible care, we are bringing to you an evidence-based approach to rehabilitation called LSVT-Big. This high-intensity program allows patients to see noticeable improvements in their balance, posture, independence with activities of daily living, mood and overall wellbeing.

WHAT DO WE OFFER?

- Occupational therapy services in the comforts of your own home/ apartment/ ALF.
- After completing a comprehensive evaluation, our therapist will initiate a 16-session program, with each session about 1 hour long (4 times a week for 4 weeks)
- During each session, we will work on your balance, posture, fear of falling, any difficulties with activities of daily living and any other difficulties you may have due to Parkinson's disease.

OUR EXPERIENCE

Dr. Divya Desai, the owner and manager of Beyond Parkinson's has been an occupational therapist for more than 12 years. She has a bachelor's, master's and doctorate degree in occupational therapy. She has acquired many certifications in her professional career and LSVT-Big is the most recent one. She has extensive experience working with patients with various neurological disorders including Parkinson's disease.

WHAT IS OCCUPATIONAL THERAPY?

Occupational therapy is a profession that focuses on you! Occupational therapist will work with you on the goals that are meaningful to you. Did you know that brushing teeth, taking your medications, and gardening are all considered occupations? Occupational therapists can help you regain independence with aspects of your life that are difficult because of a disease process. You can find additional information about occupational therapy at <https://www.aota.org/About-Occupational-Therapy/Patients-Clients.aspx>

WHAT IS LSVT-BIG?

Lee Silverman Voice Treatment (LSVT) is an evidence-based approach to help patients with Parkinson's disease manage their symptoms and improve their quality of life. The LSVT-Big component of the protocol, that we specialize in, focuses on patients' balance, gait, range of motion, strength, activity tolerance, and activities of daily living to name a few. You can find additional information about LSVT-Big at <https://www.lsvtglobal.com/LSVTBig#loudImprovesSection>

WOULD YOU LIKE TO WORK WITH US?

Great! Please speak with your doctor/ neurologist and have them write a prescription for occupational therapy. Then have them fax the prescription to the secure number above, or call us and we can help you further. Currently, we are in-network with Medicare and out of network for other commercial insurances.