

FOR PEOPLE WITH PARKINSON'S



CONNECTION ■ EDUCATION ■ RESOURCES ■ AWARENESS

FALL NEWSLETTER 2025

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October 15, 2025 @ The Yards Ponte Vedra Beach
Registration @ 8am / Shotgun Start @ 9am

Join us for a day of fun, camaraderie, and community! This charity event unites golfers of all skill levels in spirited support for those living with Parkinson's disease.

Register to join us on the greens and experience the camaraderie and joy of the day.

Sponsor a team, a hole, or the event—your support fuels vital resources for the local Parkinson's community

Donate! Your financial support matters. Every gift helps JAX HOPE INC. bring movement, hope, and connection to people living with Parkinson's.

Swing by the cause—even if you're not on the green, you're on the team. Join the fun at the Pavilion for free lunch and to learn more about local Parkinson's resources.



To register visit
jaxhopegolf.com
or call Gregg Hummer
(808) 313-0966

See page 8 for
more information.

PARKINSON RELATED LOCAL NEUROLOGISTS

UF Health Jacksonville Movement Disorders Program

Call (904) 383-1022
for all UF Locations

Joseph Legacy, M.D.
Jesse Cohen, M.D.
Katik Mangipudi, M.D.

UF Health Neurology
580 West 8th Street
Tower 1, 9th Floor
Jacksonville, FL 32209

UF Health Neurology
JTB Kernan
5191 First Coast Tech Pkwy
Jacksonville, FL 32224

UF Health Neurology
North
15255 Max Leggett Pkwy
Suite 6500
Jacksonville, FL 32218

UF Health Neurology
St. Augustine
300 Health Park Blvd
Suite 5000
St. Augustine, FL 32086

Mayo Clinic Jacksonville Movement Disorders Program

Call (904) 893-5340

Zbigniew. K Wszolek, M.D.
Ryan Utti, M.D.
Ashley Pena, M.D.
Campbell Dewey, M.D.

Mayo Clinic
Davis Building
4500 San Pablo Road South
Jacksonville, FL 32224

Community Neurologists Specializing in Parkinson's Disease

Call (904) 404-7044

Syed Asad

Universal Neurological Care
8823 San Jose Boulevard
Suite 209
Jacksonville, FL 32217

Baptist Neurology Group

Call (904) 730-3689

Zhigao Huang, M.D.

7807 Baymeadows Road East
Suite 401
Jacksonville, FL 32250

Note: There are many more community neurologists in Jacksonville that specialize in Parkinson's disease. If you would like to be added to this list, please send your information to community@jaxhope.org

“Infusion Therapies Bring Treatment Precision”

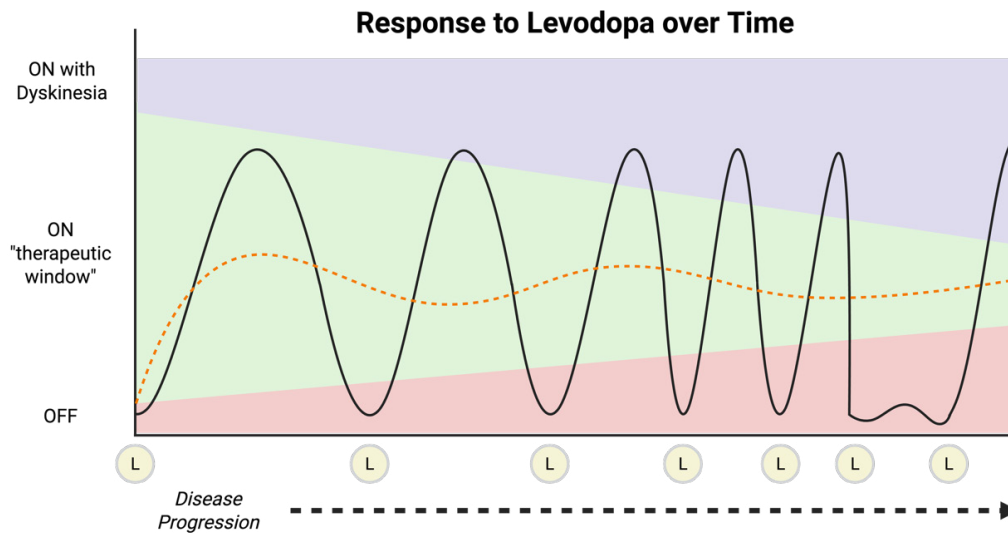
By Philip W. Tipton, M.D.

Movement Disorders Specialist and Associate Professor of Medicine,
University of Tennessee Graduate School of Medicine

In the Fall 2024 newsletter, I discussed the release of Crexont. This new long-acting formulation of carbidopa/levodopa was shown to increase “ON” time without troublesome dyskinesias by 1.55 hours per dose compared to immediate release carbidopa/levodopa.¹ While this has been a significant addition to our treatment toolbox, there are still many patients who continue to experience short and/or inconsistent benefits from each dose of medication. Clinicians also see many patients for whom they cannot identify a carbidopa/levodopa dose that provides desired reduction of parkinsonian symptoms, e.g., slowness, stiffness, etc., without causing troublesome dyskinesia. We now have two new subcutaneous (under the skin) continuous infusion therapies that better address these challenges.

In October 2024, the U.S. Food and Drug Administration (FDA) approved foscarbidopa/foslevodopa now marketed under the brand name of Vyalev™. In 2022, a randomized, double-blind, active-controlled, phase 3 clinical trial of 141 participants showed that those receiving 24-hour continuous infusion of Vyalev™ showed a significantly greater increase in daily “ON” time without troublesome dyskinesia by 1.75 hours compared to the placebo group.² Adverse events led to premature discontinuation of FC/FL in 22% of participants. The most frequent adverse events were infusion site reactions. A 52-week open label extension study showed that patients receiving Vyalev™ experienced an average of 3.8 additional hours of “ON” time without dyskinesias per day.³

While levodopa is the most effective means to compensate for the dopamine deficit experienced by patients with PD, dopamine agonists have been used since the late 1970s. Apomorphine is a dopamine agonist that was previously marketed as a sublingual film (Kenmobi) or subcutaneous injector pen (Apokyn). In February of 2025, Onapgo™ became the first commercially available subcutaneous continuous infusion of a dopamine agonist. Approval of this medication was based on results from TOLEDO study, a multicenter, double-blind, randomized, placebo-controlled phase 3 clinical trial.⁴ This study was conducted across 23 European hospitals including 106 patients with PD and motor fluctuations that were not adequately controlled by medical treatment. At the completion of a 12-week study period, participants receiving 16 hour per day Onapgo™ experienced 1.89 hours less daily “OFF” time compared to those receiving placebo. A follow-up open label study showed that average daily “ON” time without troublesome dyskinesias was increased by 3.31 hours after 64 weeks of treatment.⁵ Most common adverse events were infusion site nodules, somnolence, and nausea.



This figure illustrates how the response to oral levodopa (black line) changes as PD progresses. Early in the disease patients experience improvements from levodopa that last many hours. As the disease progresses, the duration of symptom improvements shortens and patients may require additional doses of carbidopa/levodopa, long-acting formulations of carbidopa/levodopa or additional medications to lengthen the levodopa response duration. Vyalev™ and Onapgo™ provide a steady stream of medication (orange dashed line) that provides patients a much tighter, more consistent, and longer lasting reduction of parkinsonian symptoms. In addition to longer lasting symptom improvement, the lack of fluctuating dose levels can benefit patients experiencing troublesome dyskinesia despite best attempts to optimize oral medications. Another benefit is eliminating dose failures, which are more common later in disease progression but can occur earlier especially when levodopa is taken too close to meals. The latter scenario is often unavoidable when patients require more than 4-5 doses of carbidopa/levodopa per day.

While these infusion therapies may help many patients who have exhausted oral medication options, they require more attention and maintenance than oral medications. Parameters such as infusion rate and bolus dose specifications must be programmed and often require adjustments especially when initially switching from oral therapies to infusion therapies. Patients must charge the pump, connect syringes, replace tubing, and insert the cannula into the skin. The risk of infusion site reactions or nodules is a common side effect of these treatments so patients should frequently change the cannula site and clean the skin thoroughly. Despite these precautions, skin site reactions may still occur and both phase 3 clinical trials had a significant number of patients discontinue therapy for this reason. These extra steps can be daunting to some patients. However, by working closely with a knowledgeable and attentive treatment team many patients will achieve a new level of symptom improvement.

REFERENCES

1. Hauser RA, Espay AJ, Ellenbogen AL, et al. IPX203 vs Immediate-Release Carbidopa-Levodopa for the Treatment of Motor Fluctuations in Parkinson Disease. *JAMA Neurol.* 2023;80(10):1062-1069.
2. Soileau MJ, Aldred J, Budur K, et al. Safety and efficacy of continuous subcutaneous foslevodopa-foscarbidopa in patients with advanced Parkinson's disease: a randomized, double-blind, active-controlled, phase 3 trial. *Lancet Neurol.* 2022;21:1099-1109.
3. Aldred J, Freire-Alvarez E, Amelin AV, et al. Continuous Subcutaneous Foslevodopa/Foscarbidopa in Parkinson's Disease: Safety and Efficacy Results from a 12-month, Single-Arm, Open-Label, Phase 3 Study. *Neurol Ther.* 2023;12:1937-1958.
4. Katzenschlager R, Poewe W, Rascol O, et al. Apomorphine subcutaneous infusion in patients with Parkinson's disease with persistent motor fluctuations (TOLEDO): a multicentre, double-blind, randomized, placebo-controlled trial. *Lancet Neurol.* 2018; 17(9):749-759.
5. Katzenschlager R, Poewe W, Rascol, et al. Long-term safety and efficacy of apomorphine infusion in Parkinson's disease patients with persistent motor fluctuations: Results of the open-label phase of the TOLEDO study. *Parkinsonism Relat Disord.* 2021;83:79-85.

Dr. Tipton has received financial compensation from AbbVie, Inc. for consulting.

EXERCISE PROGRAMS

"You don't know how strong you are until being strong is the only choice you have." -Bob Marley

Tai Chi on Zoom
(904) 312-1013

Tim Robinson
Classes: Mondays 10-11am

**Rock Steady Boxing
for People with
Parkinson's**
(904) 500-5425

JAX Muay Thai
14255 Beach Blvd, Jacksonville, FL 32250
Classes: Tuesdays 10:30-11:30am
Friday 9:30-10:30am and 10:30-11:30am

**Brooks Rehab
Parkinson's Wellness
Program with YMCA
of Florida Coast**
(904) 345-6812

Brooks: Family YMCA
10423 Centurian Parkway, N. Jacksonville, 32256
Classes: Mondays, Wednesdays & Fridays • 9am-12pm
A Brooks Rehab therapist evaluation is required to begin the program. www.Brooksrehab.org

**Neptune Beach Senior
Activity Center**
(904) 749-0068

Chair Yoga Classes @ Neptune Beach Senior Activity Center
1101 5th Street, Neptune Beach, FL 32266
Classes: Monday 1-1:45pm
<https://www.nbfl.gov/senior-center>

SUPPORT GROUPS

Sunrise Senior Living
(904) 332-0774

Michelle Cypranowski & Kortney Quimby
sunriseseniorcenterliving.com
4870 Belfort Road, Jacksonville, FL 32256

Jacksonville Beaches Support Group
(904) 704-4142

Carol Rishel
csrishel@gmail.com
Thursdays (except holidays) 11am-Noon in person & on Zoom
Palms Presbyterian Church
3410 3rd Street South, Jacksonville Beach, FL 32250

Nocatee Parkinson's Support Group
(704) 728-9484

Pam Brunell
1st Wednesday of the month @ 3pm
UF Health Building
655 W. 8th Street, Jacksonville, FL 32209

JCA Parkinson's Support Group
(904) 730-2100 ext. 324

Karen Cataldo
Karen.cataldo@jcajax.org
<https://jcajax.org>
<https://www.facebook.com/groups/jcafitness>
3rd Saturday of every month @ 10am-12pm
8505 San Jose Blvd, Jacksonville, FL 32217

Mandarin/Southside Support Group
(904) 710-1449

Katheryn Donaldson
serving4_him@yahoo.com
2nd Sunday of the month 2-4pm
Church of Eleven 22
4911 Losco Road, Jacksonville, FL 32257

Mandarin/Southside Parkinson's Caregiver Support Group

(904) 707-8482	(904) 704-6943
<i>Mary Jane Fitzsimons</i>	<i>Mary Powers</i>
mjbfitzsimons@gmail.com	mapowers2013@gmail.com

4th Saturday of every month, 10am-Noon
11480 Pine Street, Jacksonville, FL 32258

Westside Jacksonville Support Group
(904) 710-1449

Katheryn Lowery
klowery4561@live.com
3rd Saturday of the month, 10am-Noon
Normandy Park Baptist Church
7050 Normandy Blvd, Jacksonville, FL 32205

UF Health Parkinson's Support Group
(904) 244-9816

Mimi Keith
serving4_him@yahoo.com
3rd Wednesday of the month, 11:30am
Call Mimi for Location

ORANGE PARK PROGRAMS

All groups meet at 7190 US HWY 17, Fleming Island, FL 32203

Support Group
(808) 313-0966

Gregg Hummer
ghummer57@yahoo.com

2nd Saturday of the month

www.facebook.com/parkinsonssupportgroupoforangeparkfl

**Orange Park /
Clay County Exercise**

Tom Dorsky & Gregg Hummer
tomdorsky@hotmail.com

Monday and Thursday at 9:30am

**Orange Park
Caregivers Group**

Mike Day
mdayresston@aol.com

3rd Saturday of the month

FLAGLER COUNTY/PALM COAST PROGRAMS

Support Group
(904) 332-0774

Renee Shoner
Reneeshoner@gmail.com

3rd Wednesdays of the month @ 3pm

Palm Coast Community Center

305 Palm Coast Parkway, NE Palm Coast, FL 32127

Caregiver's Group
(845) 222-5208

Kathleen Rivera
Kathleen@jaxmetrosouthcare.com

4th Thursday every other month at 5:30pm

Realty Exchange LLC

300 Palm Coast Parkway, NE Palm Coast, FL 32127

ReBloom Center
(904) 501-8779

Melanie Lomaglio
Melanie.neuroPY@gmail.com

ReBloom offers free therapist led exercises, voice training,
caregiver's education and social support groups.



“Once we accept our limits, we go beyond them”

-Albert Einstein



October 15, 2025 at The Yards in Ponte Vedra Beach, FL

ENTRY FEES

FOURSOME	\$650
Includes 4 golfers, cart, and lunch	
INDIVIDUAL	\$175
Includes golf for one, cart, and lunch	

SPONSORSHIPS

Title Sponsor	\$20,000
Presenting Sponsor	\$15,000
Platinum Sponsor	\$10,000
Golf Cart Sponsor	\$5,000
Gold Sponsor.....	\$5,000
Golf Ball Sponsor	\$4,000
Silver Sponsor.....	\$3,000
Lunch Sponsor	\$2,500
Beverage Sponsor	\$2,500
Hole in One Contest Sponsor	\$1,000
Long Drive Sponsor (Men and Women)	\$750
Closest to the Pin Sponsor (Men and Women)	\$750
Foursome	\$650
Pin Flag Sponsorship	\$500
Hole Sponsor	\$200
Individual Golfer	\$175
Cart Path Sponsor	\$100

**Registration
8am**

**Shotgun Start
9am**

To register, scan
the QR code, visit
jaxhopegolf.com
or call
Gregg Hummer
(808) 313-0966



PARKINSON'S WALL OF FAME

Catherine Salvadore's Journey with Parkinson's

2020 marked a pivotal chapter in my life—I embraced retirement with open arms, joining the vibrant community at the Eagle Harbor golf club and setting sail on Doctor's Lake with my new Boston Whaler eager to explore every nook and cranny. My to-do list was as ambitious as it was exciting, filled with dreams to transform my house into a sanctuary. Over two years, I poured my heart into home improvements—installing gutters to catch the rain, building a sturdy fence, adding a generator for peace of mind, screening in the back porch for evening breezes, and crafting a beautiful dock with all the bells and whistles to bring my dreams of waterfront living to life.

In February 2022, a shadow entered my life—a frozen shoulder that led to a diagnosis I never expected: Parkinson's Disease. Shock and denial tried to hold me back, but I refused to give up. I started researching, joining support groups, and connecting with inspiring people, including Gregg Hummer, who introduced me to the Orange Park Support Group. Through them, I found hope and community.

With each exercise session, I was filled with awe at the resilience of my fellow warriors. Among us were souls of all abilities—some in wheelchairs, others with walkers, and many standing tall on their own. Yet, we all shared a fierce determination to battle this disease together. Now, I proudly join my comrades every Monday and Thursday at 9:30, and we've even expanded our horizons to include invigorating boxing sessions on Sundays at Smiley's Gym in Orange Park.

Playing in the 2024 Jax Hope Golf Tournament was a powerful reminder: exercise and community support are our lifelines. Golf isn't just about the game; it's about coming



Catherine Salvadore takes a swing

together to fight Parkinson's. Every swing contributes to hope—***hope for additional resources, improved quality of life, and a future where we can thrive despite the diagnosis.***

Participating in events like this shows strength, unity, and resilience. It's a chance to make a difference, not just for ourselves but for others on similar journeys. Let's keep moving, fighting, and supporting each other—because together, we are unstoppable.

Exercise, my friends, is our lifeline. It slows the progression of this condition and keeps our spirits soaring. So, let's keep moving, keep fighting, and embrace the journey ahead with unyielding courage and hope!

—Catherine Salvadore

Dr. Philip Tipton interviewed Bill and Marilyn Wilson for his Season 1, Episode 6 *Long Live the Brain Podcast* from February 5, 2020: Bill Wilson, a person with Parkinson's disease (PD), and Marilyn, shared his story from the first signs that something was going on with his health to eventually receiving a diagnosis of PD.



To listen scan the QR code or go to <https://podcasts.apple.com/us/podcast/long-live-the-brains/id1492601739?i=1000464680090>

TRANSPORTATION RESOURCES



All Counties	Travel Training - Regional	(904) 632-5249
Baker	Community Transportation Manager for Baker County	(904) 259-9315
Baker	Baker County Council on Aging	(904) 259-2223
Clay	Community Transportation Coordinator for Clay County	(904) 284-5977
Duval	JTA Connexion Paratransit	(904) 265-6001
Duval	ReadiRide	(904) 265-6999
Duval	Dial-a-Ride	(904) 246-1477
Duval	Jacksonville Transit Authority (JTA)	(904) 630-3100
Duval	Community Transportation Coordinator for Duval County	(904) 265-8939 (904) 379-2327
Flagler	Community Transportation Coordinator for Flagler County	(386) 313-4185
Flagler	Flagler County Public Transportation	(386) 313-4100
Nassau	Community Transportation Coordinator for Nassau County	(904) 261-0700
Nassau	NassauTRANSIT	(904) 261-0700
Putnam	Community Transportation Coordinator for Putnam County	(386) 325-9999

DONATION PAGE

To donate online go to
<https://www.jaxhopeinc.org/jax-hope-donations>

JAX HOPE INC. is a 501c3 non-profit organization that serves the local Jacksonville Parkinson's Community. Every dollar raised stays in the area and every donation is appreciated.

I would like to donate to JAX HOPE INC.:

☐ \$2,500 ☐ \$1,000 ☐ \$500 ☐ \$100 ☐ \$50 ☐ Other _____

☐ I'd like to pay by check. Please make check payable to JAX HOPE INC. and mail to:

JAX HOPE INC., 5000 Highway US 17 South, Suite 18, #334, Fleming Island, FL 32003

Card Type: ☐ Visa ☐ Mastercard ☐ American Express ☐ Discover

Name as printed on card:

Card number: _____

Card Expiration Date: _____ CVV Number: _____

Cardholder Signature: _____

Estate Planning: Please send information about making a bequest or other planned gift.

Matching Gifts: My employers matching gift form is enclosed.

Tribute Gifts: My gift is given to HONOR or in MEMORY of (Full Name):

Please send notification of my Tribute gift to:

Name: _____

Street: _____

City: _____ State: _____ Zip Code: _____

I would like to Subscribe to the Newsletter:

Email: _____

Mailing Address:

Street: _____

City: _____ State: _____ Zip Code: _____

NATIONAL PARKINSON'S ORGANIZATIONS

Parkinson's Foundation

200 SE 1st Street, Ste 800, Miami, FL 33131

<https://www.parkinson.org/>

Email: Helpline@Parkinson.org or contact@parkinson.org

USA Call our Helpline: 1(800) 4PD-INFO
(473-4636)

Michael J. Fox Foundation for Parkinson's Research

Grand Central Station PO Box 4777 New York, NY 10163

Email: info@michaeljfox.org

<https://www.michaeljfox.org/>

1(212) 509-0995

Davis Phinney Foundation

357 S McCaslin Blvd, Suite 105, Louisville, CO 80027

Email: contact@dpf.org

<https://davisphinneyfoundation.org/>

1(866) 358-0285

American Parkinson Disease Association (APDA)

PO Box 61420, Staten Island, NY 10306

Email: apda@apdaparkinson.org

<https://www.apdaparkinson.org/>

1(800) 223-2732

FOR PEOPLE WITH PARKINSON'S



CONNECTION ■ EDUCATION ■ RESOURCES ■ AWARENESS

5000 HIGHWAY US 17 SOUTH
SUITE 18, #33
FLEMING ISLAND, FL 32003



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